

ELVA

Enhancing Emotional Literacy
through Visual Arts

2017 VicHealth Award finalist in the category of
'Building Health Through Art'.

"Students who would never
talk and share are coming
out of their shell and are
a lot more confident."

ELVA Trainee, 2017



THE **DAX** CENTRE

ELVA

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Social and emotional learning through art has positive outcomes for student engagement, achievement, resilience and mental health.

Developed and facilitated by The Dax Centre, ELVA is an evidence based professional learning approach for primary school teachers using the visual arts to develop student social and emotional learning competencies. Teachers engage in hands-on experiential art making activities and develop an understanding of neuroscience, psychodynamic theory, therapeutic arts, trauma-informed practice and student wellbeing. Through this approach, teachers develop confidence in establishing and maintaining safe, supportive learning environments and gain greater understanding of students and themselves, strengthening relationships and developing emotionally literate students.



ELVA

- Is suitable for Classroom teachers, Wellbeing Leaders, Visual Arts teachers, and School Leaders.
- Fits comfortably alongside existing arts and wellbeing programs and can be delivered in a format suited to the needs and culture of individual schools.
- Develops empathy and respect by providing opportunities for students to express their own emotions, emotional responses and experiences through visual arts.
- Creates a starting point for discussing diverse views and experiences.
- Aligns with DET Education State targets and the Australian and Victorian Curriculums.
- Has been evaluated through The University of Melbourne as having positive impacts on teachers, students, parents and the broader school community.
- 2017 VicHealth Award finalist in the category of 'Building Health Through Art'.
- Acknowledges the support of the Department of Education and Training through the Strategic Partnerships Program.



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“ELVA training has changed the way I do everything. It’s changed the way I work with my students and the way I relate to and understand my co-workers... and it’s even improved the way I communicate with my partner.”

ELVA Trainee, 2017



2020 LODDON CAMPASPE REGION TEACHER PROFESSIONAL LEARNING PROGRAM

The ELVA program is delivered over 12 months.
There are 6 full day sessions.

Session 1	Monday January 20th 2020 Kyneton Primary School
Session 2	Tuesday January 21st 2020 Kyneton Primary School
Session 3 - Term 1	Friday March 20th 2020 Bendigo Art Gallery
Session 4 - Term 2	Friday May 29th 2020 Kyneton Primary School
Session 5 - Term 3	Friday July 24th 2020 Kyneton Primary School
Session 6 - Term 4	Friday October 23rd 2020 Kyneton Primary School

Cost \$600 (ex GST)

For further information, please visit our website at daxcentre.org/education/education-primary, email info@daxcentre.org or call us on 03 9035 6610.



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Education
and Training

ELVA is supported by the Department of Education and Training through the Strategic Partnerships Program.



Learning Partner

BENDIGO
ART GALLERY

Venue Partner

ELVA

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ELVA FACILITATORS



Andrea Jackson

Andrea Jackson is the ELVA (Enhancing Emotional Literacy through Visual Arts) Coordinator at The Dax Centre. She is particularly interested in the relationship between student and teacher wellbeing, the impact of trauma on learning, and the benefits of using visual arts to understand and improve mental health, and maintain positive engagement, connectedness and resilience.

She is also an experienced primary school teacher with over 20 years experience who has worked in a variety of educational settings, and is currently teaching part-time in a grade 1 classroom and is the HOPE (Head Of Positive Education) Leader at her school and has completed a Professional Certificate in Education (Positive Education) at The University of Melbourne with First Class Honours.



Rebecca Knaggs

Rebecca Knaggs is a qualified and experienced artist, expressive arts facilitator and educator. She has been weaving these three disciplines together with diverse audiences and communities in a variety of educational environments for more than twenty years.

As an educator at The Dax Centre since 2015, she continues to create and deliver multi-dimensional education programs designed to reduce stigma around mental health issues and enhance emotional literacy through art.

Rebecca holds a Bachelor of Visual Arts (Hons1) and a Bachelor of Art Education and she is currently completing a Masters of Therapeutic Arts Practice. She is passionate about the potential of creativity to enhance emotional, spiritual and mental wellbeing both individually and collectively.



Ruth Wraith OAM

Ruth has been associated with the Dax Centre since 2009 as a member of the team that developed the ELVA approach and continues as an advisor and facilitator.

Ruth holds a Masters Degree in Child Psychoanalytic Psychotherapy from Monash University. At her retirement she was Head of Child Psychotherapy at the Royal Children's Hospital Melbourne. Her clinical speciality was traumatized children and their families and she was awarded the OAM for service to community health.

Ruth has been president of a number of related organisations, advisor to State and Federal Governments and departments for over thirty years on disaster management and recovery, consulted internationally, lectured widely and authored seminal papers.



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2020 LODDON CAMPASPE REGION REGISTRATION FORM

6 full day sessions

\$600 (ex GST) per participant

Bookings close 20 December 2019

PARTICIPANT DETAILS

Name _____

School _____

Teaching Position _____

Address _____

Postcode _____

Telephone _____

Email _____



PAYMENT OPTIONS

School purchase order number: _____

EFT: Bank NAB BSB 083-170 Account No. 115431513
Account Name: The Dax Centre

Credit Card: VISA MasterCard

Name on card: _____

Card number:

Expiration Date: / CVC:

Signature: _____ Date: _____

Please return this form to info@daxcentre.org by 20 December 2019.



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